

Day/Venue	Class	Times	Sensei
Saturday BSAD	Juniors (4-10yrs)	09.30 – 10.30	Daren Sims
	Young people (10-16yrs)	10.45 – 12.00	
Monday BSAD	Adults	19.30 – 21.00	Stuart Turner
Monday BNAD	Juniors (4-10yrs)	17.30 – 18.30	Daren Sims
	Young people (10-16yrs)	18.30 – 19.45	
	Adults	20.00 – 21.45	
Tuesday BSAD	Juniors (4-10yrs)	17.30 – 18.30	Daren Sims
	Young people (10-16yrs)	18.30 – 19.45	
	Adults	20.00 – 21.45	
Thursday BNAD	Juniors (4-10yrs)	17.30 – 18.30	Daren Sims
	Young people (10-16yrs)	18.30 – 19.45	
	Adults	20.00 – 21.45	
Sunday BSAD	Weapons	19.00 – 20.30	Stuart Turner

Prices	Standard	Student/Unwaged	Under 18s
Per class	£7.00	£5.50	£5.00
Standing Order Gold Unlimited classes*	£49.00	£35.00	£26.00
Standing Order Silver Two classes per week†	£42.00	£30.00	-
Standing Order Bronze One class per week†	£25.00	£19.00	£17.00

* Does not include weekend courses, gradings or other special events

† Class limit shared between dojos; extra classes charged at normal price

National Aikido Federation membership – which includes BAB insurance, a legal requirement for training – costs £22 each year. **You will need to pay for insurance (or at least fill in the membership/insurance form) before you can train.** Membership allows you to train at any NAF dojo, including Bristol North and Bristol South.